

BUSINESS PROFILE

Advertorial

Dr. Takhar

Smiles should be celebrated – not shied away from out of fear they'll leave a lasting impression on your face.

While it's true, as we grow older, our faces naturally change.

Emotional reactions that make us smile and laugh, frown, squint or even raise our eyebrows can have side effects, which may include lines around our eyes – commonly known as crows' feet, across our foreheads and between our eyebrows, as well as a furrowed brow that may make it appear as though we're frowning.

But there is a way you can ward off these signs of aging – a method that is safe, affordable and effective: BOTOX.

And your local expert in this innovative and successful form of treatment is Dr. Deepa Takhar.

Dr. Takhar is a fully qualified family physician, who has been practising for 20 years. She holds both British and Canadian qualifications – including MBChB (UK) DHC, DRCOG, DFFP, LMCC (Canada) and CCFP. She obtained her aesthetics training -- BOTOX and fillers -- from Dr. Baily and Dr. McQuillan -- North America's most experienced BOTOX injectors. Dr. Takhar is fully certified in BOTOX injection techniques; she holds a level 4 certificate.

Dr. Takhar has built a large part of her practice around this medical miracle – and she looks forward to discussing all of its advantages with you in a comprehensive, free consultation.

What is BOTOX?

BOTOX treatments have been available for the past 20 years -- receiving full approval by Health Canada. BOTOX is often used to treat cerebral palsy in children as young as two years of age – which goes to show the treatment offers outstanding clinical benefits, as well as cosmetic benefits.

But what does a BOTOX treatment involve, you ask? The answer is simple – and satisfying!

Following your initial consultation with Dr. Takhar, and depending on your needs, she will inject BOTOX into specific muscles in your face, using a tiny, non-invasive needle – one that's much smaller than those used to take your blood or freeze your teeth. Most patients say an injection feels similar to a momentary pinch – that's all!

BOTOX cosmetics work by relaxing the muscles underneath your skin to create a smooth and refreshed appearance.

Generally, the procedure only takes up to 20 minutes. Since there is no downtime - you can do it on your lunchtime - and no one would know you have had it done!

Presto – within a week of your first treatment, you will see the results you've been waiting for!

Dr. Takhar will ensure you get the look you want – a more relaxed and refreshed facial appearance, yet so subtle no one will be able to tell you've had anything done.

And there's no need to worry about what the BOTOX cosmetic is doing inside you after it's injected; the cosmetic is simply metabolized and broken down into natural by-products.

Is BOTOX permanent?

BOTOX usually lasts between three to four months on average -- but everyone is different.

If you follow Dr. Takhar's directions and have your first three treatments promptly every three months -- without waiting in between, your next few treatments will last longer than three months.

Most patients who have their first few treatments back-to-back every three months find that their next treatments last between four and six months.

In other words, if you follow Dr. Takhar's prompt treatment schedule, you can stabilize your treatments at approximately two times per year – which will save you money.



Dr. D. Takhar
M.D. CCFP, DRCOG, DCH, LMCC



A common question Dr. Takhar is asked by her patients is what their faces will look like if or when the BOTOX treatment wears off.

Her answer: Your face will never get worse if you stop using BOTOX cosmetic or when it wears off. BOTOX simply stops or slows the aging process. When you stop getting treatments, the aging process will resume. At the most, your appearance will return to the way it was before you started your treatments.

However, if you use BOTOX cosmetic for a number of years and then stop, your muscles will have learned to relax – which may lead to longer lasting results, even if you discontinue your treatments.

Lisa, one of Dr. Takhar's patients, couldn't be happier with her results.

"To be honest, I was scared of BOTOX," said Lisa. "I had all these horrible images in my mind. I thought I would not be able to move my face and that my face would look fake," said Lisa. "But amazingly enough, no one even noticed! The only thing everyone said was that I looked good."

Additional advantages

BOTOX is not only the best anti-aging solution available; it's also a blessing when it comes to controlling an embarrassing condition many people suffer from: excessive sweating, known as hyperhidrosis.

This condition affects approximately three per cent of the population - some 950,000 Canadians! Unfortunately, in the past excessive sweating was largely disregarded as a natural body reaction --

and sufferers were told to learn to suffer the social, emotional and physical effects of this disorder.

But no more.

Dr. Takhar has been using BOTOX injections to treat hyperhidrosis for several years now -- and she has had great success!

"A few injections can change a person's life" she says. "Many people do not realize how debilitating this condition can be for sufferers. They have to be conscious of their sweating when they make decision about daily activities. Sweating hands, armpits, etc. can

give the wrong impression in both personal and business situations."

Dr. Takhar uses a simple technique which takes minutes to perform and effects can last for over a year.

"Patients can not believe how such a simple procedure can relieve such a long-standing problem" said Dr. Takhar, adding most patients wish they had discovered this solution years ago. "Many of them have spent summers wearing sweaters to hide this problem."

What patients can expect

In visiting Dr. Takhar's clinic, patients are treated to the peace and tranquility of a spa like setting with soft colours and lightening and a warm and inviting atmosphere.

You will feel comfortable in the hands of highly skilled physicians and nurses, providing the latest and most advanced treatments that will make a positive impact on your quality of life.

Exceptional service and devotion to patient care has made Dr. Takhar's Cosmetic Clinic the finest choice for skin-care services.

For further information and a complimentary consultation, please call Barinda at 519-653-4490 or visit <http://drtakhar.com>

DR. TAKHAR'S
COSMETIC CLINIC